

Life After Loss Grief Support Group

Have you experienced the loss of a loved one?

Are you in need of a supportive safe space to share your experiences?

We invite you to join our virtual grief support group by phone or video conference to engage with people whom share similar experiences and to learn ways to cope with loss.



Join us!

Every 2nd & 4th Wednesdays from 1-2:30pm

**VIRTUAL
ZOOM
EVENT**



Pre-registration is required.

For more information or to register, please contact agingtransitions@orangecountync.gov or call **919-968-2087**