

Health & Wellness Work Group Meeting 4

Orange County Department on Aging
2012-2017 Master Aging Plan



Welcome!

Introductions

- Name
- Organization, Affiliation, or Interest

Meetings 3 and 4

- **Meeting 3: “Focus on Solutions”**

- Subgroups review their research findings, select viable solutions
- Group brainstorm on strategies for implementation
- **Homework:** Fill out worksheet evaluating solutions with several criteria

- **Meeting 4: “Drilling Down to Objectives”**

- Review and discuss evaluation sheets for solutions
- Discuss how to make solutions more feasible and strategic
- **Homework: Fill out online survey to prioritize solutions**

Small Group Discussions:

Round 1 Discussions (3:15 – 3:50)

1. Healthy lifestyles and prevention
2. Accessing appropriate care
3. Workforce training
4. Long Term Care programs and services

Round 2 Discussions (3:50 – 4:25)

1. Emergency Medical Services
2. Spiritual counseling & chaplaincy services
3. Mental health services
4. Marketing & information sharing

Tasks in Small-Group Discussions:

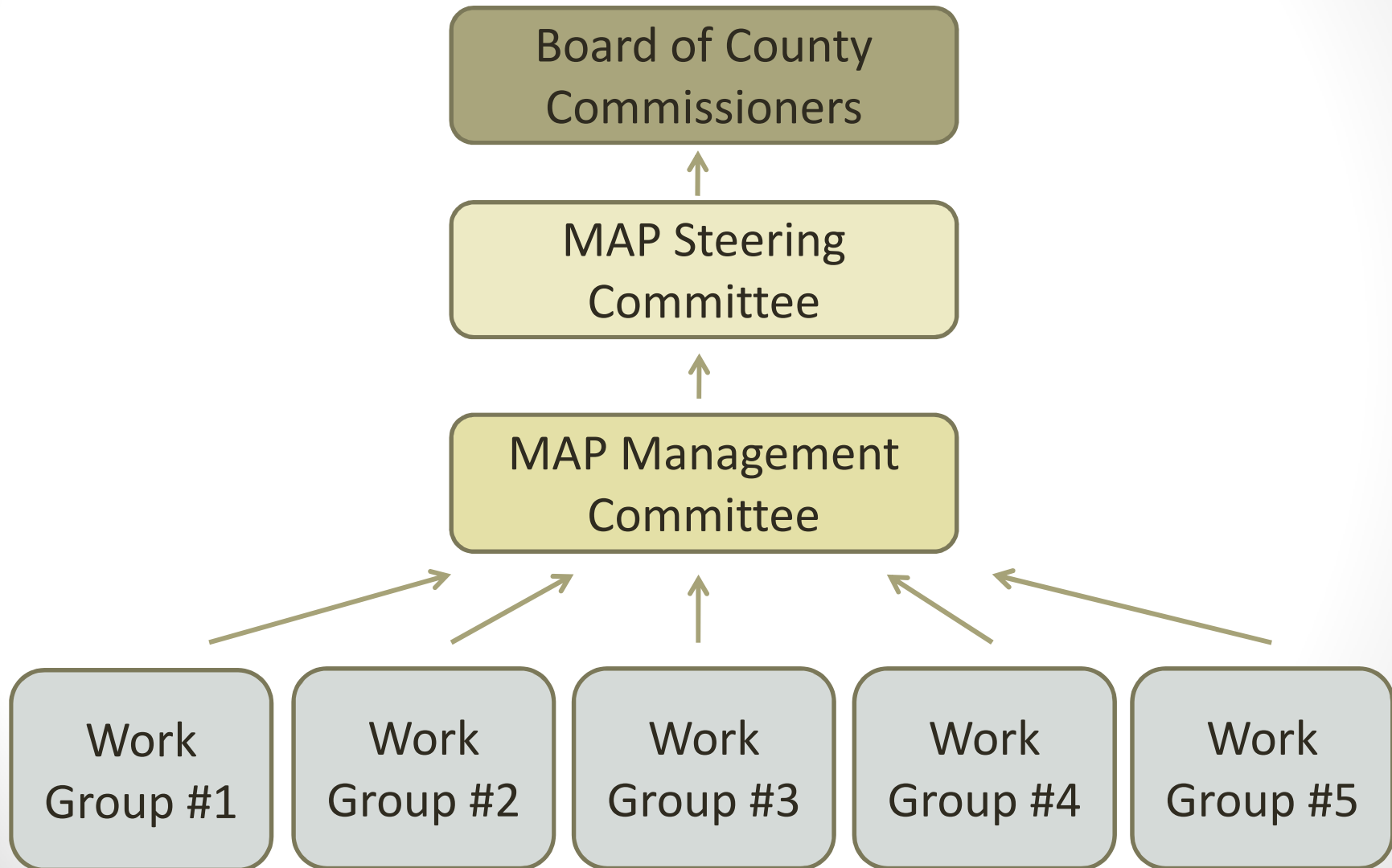
- Assign a note-taker
- Focus on those solutions that ranked “low” in the criteria
- Discuss how to make these solutions more feasible
- For those solutions that are “long term”, determine a step or two that could be accomplished in the next MAP.
- The note-taker will turn in your changed wording to me, and will be included in the final survey.

Meeting 5

- **Meeting 5: “What Will Success Look Like?”**
 - Review prioritization rankings
 - Finalize proposed strategies to achieve each objective
 - Select indicators of success for each strategy identified under each objective
 - Submit work to MAP Management Team



MAP Participant Structure



Homework!

Final Prioritization Survey

- 1) Rank each problem according to importance**
- 2) Rank each problem's solution according to importance**
- 3) Let me know if you would like to be mailed a paper copy!**

Thank you for your participation!

Look for an email in the next several days with:

- 1) The notes from this meeting
- 2) **Final prioritization survey!**

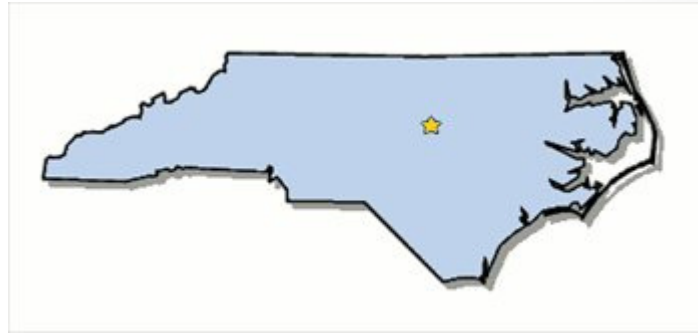


Discussion: Ground Rules

1. There are no bad ideas or solutions
2. Participate! We want to hear from everyone
3. Listen respectfully to others
4. Mind the allotted time on the agenda
5. Use plain language (limit acronyms and jargon)
6. Assume best intentions
7. Other rules?



State Goals



- Goal 1: Empower older adults, their families, and other consumers to make informed decisions and to easily access existing health and long-term care options
- Goal 2: Enable older adults to age in their place of choice with appropriate services and supports
- Goal 3: Empower older adults to enjoy optimal health status and to have a healthy lifestyle
- Goal 4: Ensure the safety and rights of older and vulnerable adults and prevent their abuse, neglect, and exploitation

State Goals, Cont.

- Goal 5: Empower older adults to engage in the community through volunteerism, lifelong learning, and civic activities
- Goal 6: Prepare North Carolina (Orange County) for an aging population
- Goal 7: Ensure an adequate direct care workforce for an aging population and opportunities for older workers
- Goal 8: Maintain good stewardship of publicly funded services

Overlapping Issues

1. Health and Wellness

Mental Health

Physician Education

2. Housing Options

Long-Term Care

3. Navigation and Transportation

4. Aging in Place Supports

Food and Nutrition

Safety and Security

5. Community Engagement and Information Access

Public Education

