

## SPECIAL EVENTS

**Classes must be registered for in advance (classes may be cancelled if minimum numbers are not reached)** by calling the **Passmore Center** in Hillsborough at 919-245-2015, **or the Seymour Center** in Chapel Hill at 919-968-2070. Fee waivers/reductions are available based on assessed financial need for all classes/programs for Orange County residents. Transportation Specialist available at senior centers, 919-717-1853.

 = May be enjoyed by someone with cognitive impairment, together with a care partner

### AFTERNOON CELLO CONCERT

Enjoy an afternoon of six cellists who are students of Nancy Green. Selections include movements from cello concertos by Saint Saens, Dvorak, Hayden, and Elgar. The young cellists will be accompanied by a professional pianist, making this a quite enjoyable affair. After the concert, you will have the opportunity to meet and greet the performers. Min: 25/Max: 80

**Register by :** Sat, Feb 1

**Seymour Center**

Sat, Feb 8 (313107-01) 3 pm

### AGING IN PLACE

Everyone desires to stay in their own home and yet, often as we age, our homes become more difficult to safely manage. Are you interested in aging in place? How important is it to maintain your independence in your own home? This presentation will share information about the importance, benefits, risks, and the costs of aging in place. Resources to help you achieve your dream will be provided. Light refreshments will be served.

**Register by:** Wed, Feb 19

**Presenter :** Anne Edwards with Compassionate Concierge for Seniors

**Fee:** FREE

**Passmore Center**

Wed, Feb 26 (234049-03) 2 - 4 pm

### ALTERNATE ENDINGS : AN END OF LIFE CHOICES EVENT (See VC55+)

**Register by:** Fri, Jan 31 at 919-968-2070

**Fee:** FREE

**Seymour Center**

Wed, Feb 5 (355001-01) 4 - 6 pm

### ART SHOWS - PASSMORE CENTER

If you are interested in exhibiting, please contact Terry Colville at 919-245-2016 or [tcollville@orangecountync.gov](mailto:tcollville@orangecountync.gov)

#### FEATURED ARTIST: MYLES FARRINTON

Our featured artist, Myles Farrington, has been painting for 25 years. One of his mentors, Dan Eubanks, encouraged him to begin putting his work on canvas. Myles took that advice and has been creating his artwork ever since. You are invited to an open reception and an opportunity to meet the artist.

**Register by :** Mon, 6

**Fee:** FREE

**Passmore Center**

Mon, Jan 13 (253002-01) 3 pm

## ART SHOWS - SEYMOUR CENTER

If you are interested in exhibiting, please contact Cydnee Sims at 919-245-4250 or [csims@orangecountync.gov](mailto:csims@orangecountync.gov)

### MINGLE WITH THE ARTIST

You will be greeted with a bio of the artist, list of artwork in the show as well as a beverage and refreshments for the occasion. The artist will be available to share inspirational stories and to answer questions about the show.

### ♥SEYMOUR QUILTERS: A SHOW & TELL EXHIBIT

Seymour Quilters will share another colorful and eclectic display of various patterns pieced together. The quilts will also feature their stories which will help viewers connect and understand the love and time put into each quilt. The quilts will be on **display Mon, Dec 9 - Thu, Jan 23**. If you are interested in quilting, this would be a great opportunity to engage with members of the quilting class to learn more. They would love for you to join them! If you can't make the show, you may **contact** Susan Zeisel at 919-932-9080 or Hein Chu at 919-357-5471. The group meets every Mon from 10 am to 12 noon. Art Opening Hostesses will be: Margaret Mays, Ceresa Clark and Ann Wilkerson **with live music by Horace Sher.**

**Seymour Center**

Mon, Dec 9

(353003-08)

3 - 4 pm

### HUAZHE CHENG'S OIL PAINTINGS SHOW

Huazhe Cheng is a scholar and self-taught oil painter. He paints mainly landscapes or city scenes, people, and events. His paintings can quickly bring you back to memories of places like: a basketball game at Kenan Stadium, UNC Old Well, Top of Hill in downtown, Seymour Center in Chapel Hill, an ancient Great Wall, or Guilin mountain in China. He captures moments of American and Chinese lives and makes them permanently alive in your memories through his paintings. His work will be on **display Mon, Jan 27 - Thu, Mar 12**. Art Opening Hostesses will be: Joy Gattis, Amina Singletary, Fung Little and Irene Ferguson with **live music by Jimmy Smith.**

**Seymour Center**

Mon, Jan 27 (353003-10)

3 - 4 pm

### BINGO

BINGO! Join our caller Joseph Degraffenridt to see if the ball rolls in your favor.

**Fee: FREE**

**Seymour Center**

Wed, Jan 15; Feb 19 (353041)

10:30 - 11:30 am

(no BINGO in Dec due to holiday)

### BIRTHDAY CELEBRATION

Join us for our monthly birthday celebration as we recognize individuals born in the months of Dec, Jan, or Feb. Please call the center to register.

**Passmore Center**

Mon, Dec 2, Jan 6, Feb 3 (253004-12, 01, 02)

12 noon

**Seymour Center**

Mon, Dec 2, Jan 6, Feb 3 (353072)

12 noon

### BLACK HISTORY MONTH BRUNCH FEATURING FRUIT OF LABOR

Join us for a performance by Fruit of Labor followed by a delicious brunch. Their music was born out of the struggle of organizing African American workers in the "Black Belt" region of NC and

the South. They have created more than 60 songs and have performed before countless rallies, picket lines and marches, as well as concert halls, schools, colleges, workplaces, churches, communities, Juneteenth and Kwanzaa celebrations - and on radio stations nationally and internationally. Cosponsored by Chapel Hill Hargraves Center. Min: 25/ Max: 65

**Register by:** Sat, Jan 25

**Fee:** FREE

**Seymour Center**

Sat, Feb 1 (350019-01) 10 am - 12 noon

### **BREAKING THE SILENCE AND SHEDDING THE STIGMA** (See VC55+)

**Register by :** Wed, Jan 29

**Fee:** FREE

**Passmore Center**

Thu, Feb 6 6 - 8:30 pm

### **BROADWAY MATINEE**

If you live for Musicals, join us for a wonderful showcase! Paula C Snyder sings a variety of Broadway tunes accompanying herself on the piano. This performance may include greats from Rodgers & Hammerstein ("Oklahoma"), Leonard Bernstein ("West Side Story"), Lerner & Lowe ("Camelot"), Meredith Wilson ("The Music Man"), Webber & Hart ("Phantom of the Opera") with other fun favorites such as "Chicago", "Hair", "Oliver", "Funny Girl", and even Irving Berlin's "Holiday Inn"!

**Fee:** FREE

**Seymour Center**

Thu, Dec 19 (xxxxxx-xx) 1- 2 pm

### **BUSY BODY AMBASSADORS ' TABLE**

In the know at Passmore! Stop by the Busy Body Table and learn what is happening at the Passmore Center. Find out about upcoming events and classes or take a tour of the center. The Busy Body Ambassadors will introduce you to others in the center and help you get connected. The table will be located in the lobby.

**Fee:** FREE

**Passmore Center**

Mondays and Wednesdays 10 am - 12 noon

### **CELEBRATION OF DR MARTIN LUTHER KING JR**

We celebrate the legacy and life of Martin Luther King Jr and all that he accomplished - his courage and nonviolent protests. He will forever be remembered. Please join us for our annual program co-sponsored with NCCU Alumni Orange County Chapter as we welcome our guest speaker, Danita Mason-Hogans. She is a native of Chapel Hill and comes from seven generations of "movement people". She has also been an education activist for over 30 years and is employed with the Center for Documentary Studies at Duke University where she serves as Program Manager for the Critical Oral Histories program. Min: 30/Max: 90

**Register by :** Fri, Jan 10

**Speaker:** Danita Mason-Hogans, Historian

**Fee:** FREE

**Passmore Center**

Fri, Jan 17 (213003-01) 10:30 - 11:30 am

### **CHINESE LUNAR NEW YEAR CELEBRATION!! –THE YEAR OF THE RAT**

The most important Chinese holiday is the Lunar New Year, which is known in China as Spring Festival, and in other Asian cultures as Lunar New Year. The festival ushers in the Lunar New Year and is the West's Christmas and New Year's Eve rolled into one. Enjoy a variety of entertainment followed by a reception with traditional snacks to celebrate. All are welcome. Min: 50/Max: 100

**Register by:** Thu, Jan 23

**Fee:** FREE

**Seymour Center**

Thu, Jan 30 (353045-01)

2:30 - 5 pm

### **CONVERSATION ABOUT SUBSTANCE USE AND AGING** (See VC55+)

**Register by:** Fri, Jan 17 at 919-968-2070

**Fee:** FREE

**Seymour Center**

Wed, Jan 22 (357138-39)

5:30 - 7 pm

### **COOKING AND DINNER WITH DAVID SOVERO - THE ART OF COOKING**

David trained at the Fearington House Restaurant and believes you can create a good, healthy, and inexpensive meal using ingredients you already have. Each week you bring two ingredients (fruit, vegetable, or other item) and he will teach you how to create a meal. This is a hands-on class; everyone participates in the preparation of the meal. This is a unique cooking class that is a fun, as well as a delicious experience. Min: 5/Max: 20

**Register by:** 1 week before class.

**Fee:** \$12 per class plus two ingredients

**Passmore Center**

Mondays (233016-12, 01, 02)

5:30 - 8 pm

### **DECK THE HALLS AND SING ALONG WITH THE PASSMORE SINGERS**

Join us for a morning of music as we transform our center into a winter wonderland for the upcoming holidays. Get into the spirit of the season as we enjoy singing, food and much more. A hot cup of cider and refreshments will be served as we decorate. Min: 10/Max: 45

**Register by:** Tue, Nov 26

**Fee:** FREE

**Passmore Center**

Tue, Dec 3 (213008-01)

10:30 am

### **DEPOLARIZING WITHIN: A BETTER ANGELS WORKSHOP**

Much of today's epidemic of toxic polarization is driven by talking to like-minded people. Too often we stereotype, dismiss, or ridicule others who support another political party. Although political polarization has always been around, people today on the "other side" have become not just strangers but enemies. How we talk among ourselves fuels fires that threaten our democracy. What if we learn the discipline of non-polarizing attitudes and words about the political "Other" with whom we do share a national past and future?

Min: 6/ Max: 20

**Register by :** 1 week prior to date

**Facilitator:** Cathy Cole, Better Angels

**Fee:** FREE

**Passmore Center**

Fri, Jan 24 (234041-03)

1 - 4:30 pm

**Seymour Center**

Fri, Feb 21 (314080-02)

1 - 4:30 pm

## **DINE AND DASH**

Join the group for an enjoyable lunch. This is a great opportunity to meet new people, socialize, and hear about the latest programs happening at the centers. We will meet at the **Village Diner**, a neighborhood favorite offering classic southern food, but also adding some flare to create new, exciting dishes at 600 West King Street, Hillsborough. Min: 5/ Max: 25

**Register by** : Fri, Feb 21

**Facilitator**: Meghan Davis

**Fee**: FREE + cost of meal

### **Village Diner**

Fri, Feb 28

(234037-04)

11:30 am - 12:30 pm

## **DOMINOES TOURNAMENT**

Get ready to compete in another exciting dominoes tournament. Start practicing and come out to enjoy a fantastic good time this spring. Lunch will be provided to participants. Event is co-sponsored with Chapel Hill Parks and Recreation. Min: 10 /Max: 20

**Register by**: Thu, Mar 5

**Fee**: FREE

### **Seymour Center**

Thu, Mar 12 (353342-01)

10 am - 12:30 pm

## **DONUTS AND MORE WITH CLEARCAPTIONS**

Stop by the table located in the main area and enjoy a donut and conversation with Dave from ClearCaptions. If you are experiencing hearing loss that inhibits your phone use, you may qualify to receive a ClearCaptions phone at no cost to you! ClearCaptions offers real-time phone captioning that allows you to see every word said on the call.

### **Passmore Center**

**Fee**: FREE

Tue, Dec 10 (213050-01)

10:30 am

## **EVENING OF CLASSICAL AND HOLIDAY CONCERT**

Back by Popular Demand! Simon Ertz and Nonoko Okada will present a short concert featuring their violin and viola students. These students have worked hard all year and are always excited to perform for a new audience! Music will include a classical selection as well as some holiday favorites. Come along this season for a wonderful musical journey. Min: 25/ Max: 80

**Register by**: Mon, Nov 25

**Fee**: FREE

### **Seymour Center**

Mon, Dec 2 (350020-10)

6 pm

## **FARMERS' MARKETS AT THE SENIOR CENTERS**

Yes, the Farmers' Markets are at both centers. It's a wonderful and convenient way to get your fresh fruits, vegetables and meats right at the Center. Come shop and get extra fresh food and outstanding quality.

### **Passmore Center**

Tuesdays (253013)

9 am - 12 noon

### **Seymour Center**

Thursdays (353060)

9 am - 12 noon

## **FAT TUESDAY - MARDI GRAS DINNER WITH DIXIELAND BAND**

Enjoy the sounds of Bourbon St as we celebrate Fat Tuesday with the **Decatur Street Beat Dixieland Band**. Come dressed in Mardi Gras colors of purple, gold and green and if you don't have a mask to wear, we will provide you with one. After the performance we will enjoy a hot

bowl of Chicken Gumbo, Creole style and traditional King Cake. The center will provide the soup and you bring a dessert to share. Min: 35/Max: 75

**Register by:** Feb 18

**Fee:** FREE (a dessert to share)

**Passmore Center**

Tue, Feb 25 (223011-01)

3:30 - 5:30 pm

### **FEEDBACK FRIDAY WITH PASSMORE PROGRAM ADVISORY MEMBERS**

This is an informal time to meet with staff and members of the Program Advisory Committee. During this meeting we would like to hear your ideas about programs you would like to see offered here at the Passmore Center. Min: 5/Max: 25

**Registered by :** Fri, Jan 17

**Fee:** FREE

**Passmore Center**

Fri, Jan 31

(213052-01)

10:30 - 11:30 am

### **FEVER DREAMS - FOUR EERIE TALES**

Are you a fan on the classic show, The Twilight Zone? Fever Dreams is a collection of four tales that were filmed in and around the Triangle. These tales have been compared to the Twilight Zone and The Creepshow so be prepared for the same thrill and suspense. Local writer and producer, Al Julian, will host this event with a question and answer session afterwards. One of the stars includes, R. Keith Harris, of The Walking Dead TV series. Min: 15/Max: 50

**Register by :** Thu, Jan 16

**Fee:** FREE

**Passmore Center**

Thu, Jan 23

(213044-01)

2- 4:30 pm

### **FIND YOUR OWN VOICE SING ALONG**

Visit for an hour with the Find Your Own Voice Singers, local musicians who bring their voices and instruments to create an enjoyable sing-along, featuring American folk and pop favorites, classics from the 1960s -- and songs you suggest. Raise your voice in song, clap your hands or just enjoy the rousing music. Embrace Spring by experiencing songs that will lift your spirits! Min: 25/ Max: 65

**Register by:** Sat, Jan 4

**Fee:** FREE

**Seymour Center**

Sat, Jan 11

(323085-02)

11 am - 12 noon

### **GO RED! NATIONAL WEAR RED DAY - PHOTO BOOTH**

Wear anything red (dress, pants, hat, coat, etc) for "Wear Red Day" in support of Women's heart health. Join us for our group photo and have fun with the many props in our "heart" photo booth. The new SportsPlex field house is available for walking every morning. During our event you will have an opportunity to join a walking team and learn about the other heart healthy activities, games, and exercises offered at the Passmore Center. Min: 15/Max: 45

**Register by:** Fri, Jan 31

**Passmore Center**

**Fee:** FREE

Fri, Feb 7 (213055-01)

10:30 - 11:30 am

### **GRATITUDE BASKET - LAW ENFORCEMENT APPRECIATION**

To thank those who serve our community, we will deliver a basket of homemade goodness. If you would like to help put the baskets together, or donate an item, please call Terry at 919-245-2016 or register at the front desk. In honor of Law Enforcement Day, we will gather at 9 am to put the items in the baskets and travel to the Hillsborough Police Department and the Orange County Sheriff's Office. If you plan to donate items please bring them to the Passmore Center on Jan 7.

**Register by:** Thu, Jan 2

**Fee:** FREE

**Passmore Center**

Thu, Jan 9 (257061-02) 9 am

### **HANDPAINTED HOLIDAY SUGAR COOKIES**

Tis' the season for spreading winter cheer! We will get in the spirit by painting homemade sugar cookies prepared by our wonderful volunteer, Elena Elms, also known as the cookie master extraordinaire. Socialize with friends while giving these cookies an artistic flair for the holiday season. Min: 5/Max: 12

**Register by :** Fri, Nov 22

**Facilitator:** Meghan Davis

**Fee:** FREE

**Passmore Center**

Fri, Dec 6 (244058-01) 2 - 4 pm

### **HOLIDAY BINGO PARTY**

Don't miss out of the Holiday fun as we play Bingo. Winners will claim their prize and hope that the next winner doesn't steal their new gift. Bring your favorite snack to share. Beverages will be provided. Min: 15/ Max: 40

**Register by:** Fri, Dec 13

**Fee:** Bring a snack to share

**Passmore Center**

Fri, Dec 20 (213043-01) 10:30 - 11:30 am

### **HOLIDAY JAZZ: MUSIC TO YOUR EARS**

The sounds of holiday jazz and pizazz will be music to your ears featuring Gary Brunotte & George Hindenach. This dynamic duo will jazz up the Holiday Season with their renditions of the Holiday Classics. You'll love Gary's musical talent on the Hammond Organ and George on the drums. They will be taking you on a Sleigh Ride through a Winter Wonderland. Get ready for an exciting musical experience. Min: 25/Max: 80

**Register by :** Wed, Dec 4

**Fee:** FREE

**Seymour Center**

Wed, Dec 18 (313104-11) 10 am - 11 am

### **HOLIDAY MEET & GREET WITH SEYMOUR FRIENDS**

Whether you are new to the area or interested in knowing more about the Friends of Seymour, you are invited to an entertaining holiday meet and greet social for a merry time! Expect to receive lots of information, tour of the facility, enjoy live entertainment, a festive sip & taste reception and more. Hope you to see you there!

**Register by :** Mon, Dec 2

**Organizers :** Friends Board and Program Advisory Committee

**Fee:** FREE

**Seymour Center**

Fri, Dec 6 (323082-04)

2 -3 pm

### **HOLIDAY WINTER CONCERT WITH ENO ACADEMY STINGS AND BRASS ENSEMBLE**

We welcome back these talented musicians from Eno Academy High School as they present a variety of festive holiday music. This year, in addition to the Strings Ensemble, we will enjoy songs performed by the Brass Ensemble. There is nothing that gets you into the holiday season more than gathering with others, enjoying light refreshments, and listening to the beautiful sounds of the season. Min: 25/Max: 75

**Register by:** Fri, Dec 6

**Fee:** FREE

**Passmore Center**

Fri, Dec 13 (213023-01)

10:30 - 11:30 am

### **HOT CHOCOLATE BAR AND NAME THAT LOVE SONG WITH STEVE TOLL**

What says Valentines are better than chocolate and your favorite love song? How about a variety of gourmet hot chocolates with your favorite toppings! Steve Toll returns for an encore performance of love songs throughout the years. Test your knowledge as we play, name that love song, or just enjoy cheering on others. Min: 20/Max: 50

**Register by:** Feb 7

**Passmore Center**

**Fee:** FREE

Fri, Feb 14 (213049-01)

2 - 4 pm

### **I VOTED! NOW WHAT? (See VC 55+)**

**Register by:** Fri, Feb 14 at 919-968-2070

**Fee:** FREE

**Seymour Center**

Wed, Feb 19 (357138-38)

5:30 - 7 pm

### **IG - INTERGENERATIONAL SWEET HEART SOCIAL (See VC55+)**

**Register by:** Mon, Feb 3 at 919-245-2015

**Fee:** FREE

**Cedar Grove Community Center**

Sat, Feb 8 (313096-01)

12 noon - 2 pm

### **INTERNATIONAL WOMANS DAY PARFAIT BAR**

An equal world is an enabled world. International Women's Day falls on Fri, Mar 6. This year's theme is #EachforEqual. Join us to celebrate #EachforEqual by creating your own parfait at the parfait bar. We will take a group photo and post it in the center for all of March. Min: 15/Max: 40

**Register by:** Fri, Feb 28

**Fee:** FREE

**Passmore Center**

Fri, Mar 6 (223059-01)

10:30 - 11:30 am

### **IG IT'S A WONDERFUL LIFE ; THE RADIO PLAY PRESENTED BY ORANGE COMMUNITY PLAYERS**

**Orange Community Players presents: It's A Wonderful Life ; The Radio Play .** This beloved holiday classic comes to life as a live 1940s radio broadcast. The story of idealistic George Bailey unfolds as he considers ending his life one fateful Christmas Eve. It takes the help of a lovable angel to show George what life would be like if he hadn't been born. Join us for this joyous story of redemption that resonates with all ages.



## Passmore Center

Thu, Dec 5 & Fri, Dec 6 7:30 pm  
Sat, Dec 7 & Sun, Dec 8 2 pm

\*Doors open 30 min prior to each show

**Tickets:** Adults: \$15 in advance/\$18 at the door  
Seniors and Students: \$12 in advance/\$15 at the door  
Children: \$8 in advance and at the door

Tickets can be purchased online at [www.ocpnc.com](http://www.ocpnc.com) or at the Passmore Center.

\*Cosponsored with the Friends of the Jerry M Passmore Center.

## IG LGBTQ TIS' THE SEASON TO GET SOCIAL! (See VC55+)

**Register by:** Mon, Jan 6 by contacting [shmcperson@orangecountync.gov](mailto:shmcperson@orangecountync.gov)

**Fee:** FREE

**Location:** Weathervane Restaurant, Chapel Hill

Fri, Jan 10 6 - 9 pm

\*SAGE is a program of the LGBT Center of Raleigh that provides advocacy, education, and programs to increase social interaction for LGBTQ persons 50 and older.

## LITTLE'S COOKING LIGHT, QUICK & EASY

Learn simple, yet easy Asian cooking recipes that will be easy and fun to create. These flavorful dishes will be perfect for the fall! Recipes and ingredients supplied. Min: 5/Max: 15

### What's Cooking in January?

Wonton Soup

### What's Cooking in February?

Ginger Stir Fry with Shrimp and Snow Peas

**Register by:** 1 week prior to class

**Instructor:** Fung Little

**Fee:** FREE

## Seymour Center

Wed, Jan 22; Feb 26 (333078- 04, 05) 2 - 3:30 pm  
(no class in Dec due to holiday)

## "LOVE IS IN THE AIR " SWEETHEART BALL

Once again, the **Hannah Ruth Foundation** will co-host "**Love is in the Air " Sweetheart Ball with the Seymour Center Program Team!** Join us for another fabulous evening and enjoy live music, dinner, door prizes, line dancing, impromptu "This Is How We Do It" fashion show - and much more. No date or dance partner needed. The Hannah Ruth Foundation, a local non-profit organization, provides outreach services for older adults and youth in Orange County. For more information contact: [hannahruthfoundation@gmail.com](mailto:hannahruthfoundation@gmail.com) or call Lorie Clark at 919-260-4555.

Min: 75/Max: 150

**Register by:** Fri, Jan 24 (call the Seymour Center at 919-968-2070)

**Fee:** FREE

## Carrboro High School, 1201 High Rock Haven Rd, Carrboro

Sat, Feb 8 (313057-04) 6 - 9 pm

## LOVE, PEACE, AND MUSIC: A MUSICAL MELTING POT (See Theatre)

Min: 25/Max: 75

**Register by:** Feb 12

**Fee:** FREE

## Passmore Center

Wed, Feb 19 (213051-01) 2 pm

### **NAILED IT! GINGERBREAD HOUSES**

This is the Passmore version of the hit Netflix show, Nailed It! Are you up for the challenge of making a gingerbread house and possibly taking home a “fabulous” prize? The center will provide the supplies and you bring your creativity. If you are interested in be a contestant (working in teams of two) call Terry at 919-245-2016. Four teams will compete. Come and enjoy an afternoon of fun and light refreshments. Min: 20/Max: 35

**Register by:** Dec 5

**Fee:** FREE

**Leader:** Connie Cole

**Passmore Center**

Thu, Dec 19

(213056-01)

3 - 5 pm

### **NC MUSEUM OF ART - “LIVE” VIRTUAL TOUR**

Take a virtual stroll through the galleries as our guide from NCMA uses their state-of-the-art technology cart to show and explain art works in real time (and enjoy closer views than are possible in person!). The main focus of this tour is a colorful painting by American impressionist Frederick Frieseke, The Garden Parasol. This and similar paintings will give us a refreshing taste of summer in the middle of winter. Max: 80

**Register by:** Tue, Dec 31

**Fee:** FREE

**Seymour Center**

Wed, Jan 8 (313094-01)

1 - 2 pm

### **NEIL SIMON’S - THE ODD COUPLE: FEMALE VERSION PRESENTED BY THE ORANGE COMMUNITY PLAYERS**

Florence Unger and Olive Madison are at it again in Neil Simon’s hilarious contemporary comic. Ms Madison has invited the girls over for an evening of Trivial Pursuit. The Pidgeon sisters have been replaced by the two Constanzuela bothers, but the hilarity remains the same.

**Passmore Center (213053-01)**

Thu, Feb 27 & Fri, Feb 28

7:30 pm

Sat, Feb 29 & Sun, Mar 1

2 pm

\*Doors open 30 min prior to each show

**Tickets: Adults: \$15 in advance / \$18 at the door**

Seniors and Students: \$12 in advance /\$15 at the door

Children: \$8 in advance and at the door

Tickets can be purchased online at [www.ocpnc.com](http://www.ocpnc.com) or at the Passmore Center. Co-sponsored with the Friends of the Jerry M Passmore Center

### **NEW YEAR DUMPLINGS WITH FUNG LITTLE**

Chinese New Year falls on Sat, Jan 25. We will celebrate the year of the pig by making dumplings with Fung Little. Min: 5/ Max: 15

**Register by :** Tue, Jan 21

**Instructor:** Fung Little

**Fee:** \$3

**Passmore Center**

Tue, Jan 28

(213046-01)

3 - 4 pm

### **NEWCOMERS WELCOME**

Join Meghan Davis, Program Assistant Manager, as she gives an overview of programs and services offered by the Orange County Dept on Aging. It is a one-stop resource for wellness,

lifelong learning, access to benefits and meaningful opportunities. This is your chance to ask questions and to take a tour of the Passmore Center.

**Register by:** 1 week in advance

**Leader:** Meghan Davis

**Fee:** FREE

**Passmore Center**

Tue, Dec 3	(253022-12)	2 - 3 pm
Tue, Jan 7	(253022-01)	2 - 3 pm
Tue, Feb 4	(253022-02)	2 - 3 pm

**PASSMORE CENTER - MEET AND GREET**

We want to get to know you better. You are invited to begin 2020 mingling with others who attend the senior center. Join members of the Program Advisory Committee, Friends Board, and staff for an opportunity to get to know one another. This is open to everyone. If you have been coming for a while, invite a friend or neighbor to come and help them get connected with our center.

**Register by :** Fri, Jan 3

**Fee:** FREE

**Passmore Center**

Tue, Jan 10	(233021-01)	10:30 - 11:30 am
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**PEOPLES' CHOICE**

Let your voice be heard and ideas shared as we discuss programs of interest you would like offered. Meeting is also for those who would like to teach or lead a class. All suggestions and recommendations will be given consideration. Start thinking and jot down a few things prior to our meeting. Let's make program magic happen. Feel free to bring a friend or two. Registration required.

**Register by :** Mon, Dec 9

**Facilitators :** Seymour Program Team

**Fee:** FREE

**Seymour Center**

Mon, Dec 16	(313088-05)	10 - 11 am
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**PETALS WITH A PURPOSE**

The Arc of the Triangle's Petals with a Purpose connects flowers to people, all the while making a positive difference on the environment. Using items destined for the landfill and with support from the community, Petals with a Purpose needs YOU! This is an opportunity for volunteers and friends to come together weekly to create bouquets of fresh flowers that are delivered to local partners in our community. **Please register if you are able to assist** . Min: 5/Max: 8

**Leader:** Courtney Owens, Outreach and Volunteer Specialist

**Fee:** FREE

**Seymour Center**

Wednesdays	(354094-01)	1 - 2:30 pm
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**PLANT BASED AND ALTERNATIVE COOKING WITH KIM CAMPBELL**

Kim Campbell is the author of the PlantPure Nation and PlantPure Kitchen cookbooks. She developed more than 250 delicious whole food plant based recipes using no processed oils. Kim is the Director of Culinary Education at PlantPure, where she works with her husband, Nelson, promoting a whole foods plant-based diet. Kim graduated from Cornell Univ with a BS concentrating on Nutrition and Child Development. Her passion has always been nutrition education for children, families and adults. **Join her** on the 2<sup>nd</sup> Wed of the month

**December - Instant Pot Basics** : Is your Instant Pot collecting dust or still sitting in the box? This class takes the mystery out of pressure cooking. I'll cover everything you need know in order to successfully begin cooking in your Instant Pot. Join me in this class and we'll create some delicious recipes while discovering how easy this 'must have' kitchen appliance will make your life!

**January - Mastering Tofu and Tempeh** : Tofu and tempeh have moved way beyond fringe food and onto mainstream menus. In this class you will learn about the variety of tofu products and the difference between tofu and tempeh and how to incorporate them into a recipe. Let's discover and taste everything there is to know about these much-loved soy products! In this class we will create recipe ideas for breakfast, lunch, dinner and even dessert!

**February - Plant-Based Soups and Stews** : Start the New Year with hearty winter-warming soups, stews, and casseroles. A healthy bowl of soup is a wonderful contrast to the rich foods we indulge in during the month of December. We'll make 3 delicious comfort style soups and build a "soup mix in a jar" to take home!

Min: 5 Max: 15

**Register by** : 1 week prior to class

**Instructor**: Kim Campbell

**Fee**: \$10 per class

**Seymour Center**

Wed, Dec 11; Jan 8; Feb 12 (312016-07, 08, 09)

2 - 3:30 pm

### **POETRY AND JAZZ!!**

Program for Jazz returns to the Seymour this Winter!! Come hear Shakespeare in 5/4 time! EE Cummings done eight to the bar! Remember those poems you read in your college literature survey classes? We'll do a bunch of those, too, over beats and melodies by John Coltrane, Dave Brubeck, Cannonball Adderley and others. It's different because Program for Jazz is different! Min: 25/Max: 80

**Register by** : Sat, Jan 4

**Fee**: FREE

**Seymour Center**

Sat, Jan 11 (313104-03)

3 - 5 pm

### **SELFIE WITH AN ELFIE !**

Join our spunky elves for selfies, cider, cookies, candy canes, and holiday tunes. Bring your cell phones to take as many selfies with the elfie as you'd like. In exchange for selfies, we ask that you bring and donate 1 **breakfast food item** to be delivered to the IFC Women's Shelter.

**Donations should have an extended shelf life without refrigeration. Suggested items include: cereal, instant oatmeal or grits, pop tarts, pancake mix, syrup, jelly, honey, canned fruit, cereal bars, granola and etc.** Min: 25/Max: 100

**Register by** : Thu, Dec 5

**Fee**: FREE (bring 1 breakfast food item to donate)

**Seymour Center**

Thu, Dec 12 (313082-02)

9:30 am - 12:30 pm

### **SERVICE ANIMAL AWARENESS**

We frequently see service animals with their owners and our first instinct often is to pet the animal. Find out the answers to frequently asked questions about service dog equipment and daily habits. During this class you will learn the many ways a service animal is able to assist their owner, as well as, the proper etiquette we should have towards the service animal, while they are on the job. Min: 5/Max: 15

**Registered by :** Feb 3

**Leader :** Tara McKibben

**Passmore Center**

Mon, Feb 10

(214036-01)

1- 2 pm

### **SEYMOUR DONATION EXCHANGE**

Do you have items around your house you never use? Gifts you've never opened? Do you want to donate items to others? This new program allows people to donate and exchange items with others once a quarter. Donations should be dropped off on **Wed, Feb 19** for staff to prepare the "shop" for participants to look through the following day. Items not taken will be donated to local thrift shops. Please no clothes or same day donations.

**Register by :** Thu, Feb 13

**Fee:** FREE

**Seymour Center**

Thu, Feb 20

(343072-02)

10 am - 12 noon

### **SEYMOUR FRIENDS WEEK!**

Meet your new Seymour Center Friends Board! Ever wonder what they do? Come to find out. Members will be available for your questions, suggestions, and more, in the center's lobby. This will enable you to put faces with names. **A holiday meet and great social for all center participants and newcomers will be held on Fri, Dec 6 at 4 pm.** Be sure to mark your calendar and join us for Friends Week! We look forward to meeting you.

Mon, Dec 2 10 am - 1 pm

Tue, Dec 3 10 am - 1 pm + 4 - 7 pm

Wed, Dec 4 10 am - 1 pm

Thu, Dec 5 10 am - 3 pm + 4 - 7 pm

Fri, Dec 6 10 am - 1 pm + 4 pm (Holiday Social)

Sat, Dec 7 3 pm - 5 pm

### **SING AROUND THE CAMPFIRE**

Once again, experience the joy of sitting around a campfire, visiting friends, and singing songs of days gone by. We are recreating the joy we experienced as we make our s'mores and drink hot cocoa around a campfire. What fun we will have remembering all the campfire songs we used to sing. Let us know if you have a special song you would like us to sing so we can print the words out for everyone. Min: 15/Max: 30

**Register by :** Fri, Jan 17

**Fee:** FREE

**Passmore Center**

Fri, Jan 31

(213054-01)

3 - 4:30 pm

### **SOUPER BOWL SOUP CONTEST AND POTLUCK**

Join us as we gear up for the Super Bowl. Do you have a tasty soup recipe you think is competition worthy? We will start off the evening with a soup tasting contest. Bring enough for the judges to taste test. The Center will have a big pot of soup for everyone as we show some Super Bowl clips, trivia and bloopers. Please bring a dessert to share. Min: 25/Max: 60

**Register by:** Thu Jan 23

**Fee:** FREE

**Passmore Center**

Thu Jan 30

(213045-01)

3 pm

### **TABLE TALK WITH TONI AND SALLIE - IT'S ALL ABOUT CHOCOLATE!**

They are back in the kitchen again! Toni and Sallie just can't wait to have you join them for an afternoon of creative cooking and talk around the kitchen table. Toni will also share her recipe; putting a healthy spin on Chocolate Mousse. Min: 5/Max: 12

**Register by:** Tue, Dec 10

**Fee:** \$2 (Payable to instructor for supplies)

**Instructor:** Toni Shaw and Sallie Anderson

**Passmore Center**

Tue, Dec 17

(213039-01)

2 pm

### **IG -TEEN BUILDERS**

Multi-generational meet-ups are now the "in thing" and are super fun! Teen Builders is a unique social outlet created for opportunities to share, learn and develop lasting friendships between senior adults and teens. These interactive connections not only offer a fun atmosphere, but enable each generation to learn more about each other. Take advantage of this empowering experience every 4<sup>th</sup> Monday. You'll love it! Min: 5/Max: 10

**Register by:** 1 week prior to each social

**Fee:** FREE

**Seymour Center**

Mon, Nov 25

Feast & Fellowship Night

(323095-08)

5 - 7 pm

Mon, Feb 24

Bake & Taste Night

(323095-09)

5 - 7 pm

### **THANKSGIVING CELEBRATION**

The holidays are here and it is time for another fabulous holiday celebration. Join us for our annual Thanksgiving Luncheon as we gather together with friends, food, and great entertainment by **The Hawfield Jammers**. If you are able, bring a donation of canned food for a local food pantry. Transportation is available from the Seymour Center if you pre-register and let the front desk know at the time of registration. There is limited space on the bus.

**Register by:** Fri, Nov 1

**Fee:** FREE

**Passmore Center**

Fri, Nov 22

(243001-01)

10:30 am – 1 pm

### **UNC PAUPER PLAYERS PERFORMANCE TROUPE**

Join us for an exciting performance! UNC Pauper Players Performance Troupe is a musical theatre community outreach program. Their mission is to reach out to places within the community that may have limited access to performing arts. With 20 performers who have learned a musical theatre repertoire, you're sure to have an enjoyable evening of musical theatre. Min: 25/ Max: 70

**Register by:** Thu, Jan 30

**Fee:** FREE

**Seymour Center**

Thu, Feb 6

(323086-02)

6 - 7:30 pm

**URBAN LINE DANCING HOLIDAY PARTY FUNDRAISER!!** (See Friends of the Seymour Center)

**Seymour Center**  
Fri, Dec 6

6:30 - 10:30

**WEDNESDAYS' BUZZ**

This will keep you in the know. Look for the special table in the lobby every 1<sup>st</sup> and 3<sup>rd</sup> Wed. Come find out what the entire Buzz is about! Be the first to be in the know!

**Fee:** FREE

**Seymour Center**

Wed, Dec 4, Jan 15; Feb 5, 19 (352066-01) 10:30 am  
(except Jan due to holiday)

**WINTER HOLIDAY LUNCHEON**

Come and listen to good music and enjoy a delicious meal as we celebrate the holidays. This event is co-sponsored by the Alston-Boldin Friends and Family Club, Chapel Hill Parks and Recreation and Orange County Department on Aging. **CALL THE SEYMOUR CENTER TO REGISTER, 919-968-2070. Registration is required. Min: 25/Max: 80**

**Register by :** Fri, Nov 22

**Fee:** FREE

**Hargraves Center**

Fri, Dec 6 (310050-02) 11 am - 1 pm