



# Orange County Department on Aging Activity Calendar

April 2021

Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday

				<p><b>8:00am - 10:00am</b> Passmore Pandemic Perfor Pre-Recorded</p> <p><b>9:00am - 10:30am</b> Let's Exercise - Spanish Virtual</p> <p><b>10:00am - 11:00am</b> Strong and Steady Virtual</p> <p><b>1:00pm - 2:00pm</b> Tune in Daily Virtual</p> <p><b>5:30pm - 7:00pm</b> Well Spouse Assoc Support Virtual</p> <p><b>6:30pm - 7:30pm</b> Al-Anon Moving Forward Virtual</p>	<p><b>9:30am - 10:30am</b> Spanish-Level 3 Virtual</p> <p><b>9:30am - 10:00am</b> Strengthen Your Core- Frida Virtual</p> <p><b>11:00am - 12:00pm</b> Seated T'ai Chi Virtual</p> <p><b>12:30pm - 1:30pm</b> Mindful Yoga Virtual</p> <p><b>1:00pm - 3:00pm</b> Google Drive and Google Do Virtual</p> <p><b>6:00pm - 7:00pm</b> Zumba - Latina Virtual</p> <p><b>7:00pm - 9:00pm</b> Enrichment Life Group Virtual</p>	<p><b>10:00am - 12:00pm</b> Tech Knowledge Virtual</p> <p><b>1:30pm - 3:00pm</b> Drawing 101- Intro to Acrylic Virtual</p>
<p><b>9:30am - 10:30am</b> Spanish Level 1 Virtual</p> <p><b>10:00am - 11:00am</b> Strong and Steady Virtual</p> <p><b>10:00am - 11:00am</b> Chinese Choir- Hong Yan Virtual</p> <p><b>10:45am - 11:45am</b> Spanish Level 2 Virtual</p> <p><b>11:00am - 12:00pm</b> Alicia's Arthritis Exercise Virtual</p>	<p><b>8:00am - 10:00am</b> Soap Making Pre-Recorded</p> <p><b>10:00am - 11:00am</b> Tap Dance Virtual</p> <p><b>10:15am - 11:15am</b> Dementia -Let's Talk About It Virtual</p> <p><b>11:00am - 12:00pm</b> Chair Yoga Virtual</p> <p><b>1:00pm - 3:00pm</b> Intro to your Mac 1 Virtual</p>	<p><b>8:00am - 10:00am</b> Container Gardening for Beg Pre-Recorded</p> <p><b>9:30am - 10:00am</b> Strengthen Your Core- Wedn Virtual</p> <p><b>10:00am - 11:00am</b> Charlie's Social Group Virtual</p> <p><b>10:00am - 12:00pm</b> Wednesdays' Buzz Virtual</p> <p><b>11:00am - 11:50am</b> Salli's Sr. Workout/Yoga Virtual</p>	<p><b>9:00am - 10:30am</b> Let's Exercise - Spanish Virtual</p> <p><b>10:00am - 11:00am</b> Strong and Steady Virtual</p> <p><b>10:00am - 11:00am</b> How's Your Balance Virtual</p> <p><b>10:30am - 11:30am</b> The Local Reporter-Virtual Virtual</p> <p><b>1:00pm - 3:00pm</b> Windows 10 EMail Virtual</p>	<p><b>8:00am - 10:00am</b> Intarsia Woodcarving Pre-Recorded</p> <p><b>9:30am - 10:30am</b> Spanish-Level 3 Virtual</p> <p><b>9:30am - 10:00am</b> Strengthen Your Core- Frida Virtual</p> <p><b>10:00am - 11:00am</b> Jane Austen and Philosophy Virtual</p> <p><b>11:00am - 12:00pm</b> Seated T'ai Chi Virtual</p>	<p><b>1:30pm - 3:00pm</b> Drawing 101- Intro to Acrylic Virtual</p>	

Pre-recorded programs may be viewed any time by going to: <http://www.orangecountync.gov/236/Senior-Center-Programs>. Activities are subject to change. Please contact the Passmore Center at (919) 245-2015 or the Seymour Center at (919) 968-2070 prior to the event or activity to verify that there have been no program changes. Thank you.

# Orange County Department on Aging Activity Calendar

## April 2021 (Continued)

**Sunday**
**Monday**
**Tuesday**
**Wednesday**
**Thursday**
**Friday**
**Saturday**

<i>(Continued)</i> <div style="text-align: right; color: red; font-weight: bold;">4</div>	<i>(Continued)</i> <div style="text-align: right; color: red; font-weight: bold;">5</div> <p><b>11:30am - 12:30pm</b> Philosophy Discussion Group Virtual</p> <p><b>11:30am - 12:30pm</b> Birthday Bash-April Passmore Parking Lot</p> <p><b>11:30am - 12:00pm</b> Birthday Curbside Recognition Seymour Garden Entrance &amp;</p> <p><b>1:00pm - 3:00pm</b> Intro to your Mac 1 Virtual</p> <p><b>1:00pm - 3:00pm</b> Zentangle Virtual</p> <p><b>1:00pm - 1:45pm</b> Line Dance Beginners Virtual</p> <p><b>1:00pm - 1:30pm</b> Gyrokinesis Happy Moves Virtual</p> <p><b>1:00pm - 2:00pm</b> Tune in Daily Virtual</p> <p><b>2:00pm - 3:30pm</b> Line Dance Virtual</p> <p><b>2:00pm - 3:00pm</b> Creative Crafts with Helen Virtual</p> <p><b>3:30pm - 4:30pm</b> Al-Anon Moving Forward Virtual</p> <p><b>6:30pm - 7:30pm</b> Zumba - Latina Virtual</p>	<i>(Continued)</i> <div style="text-align: right; color: red; font-weight: bold;">6</div> <p><b>1:00pm - 3:00pm</b> Getting Organized with your Virtual</p> <p><b>1:00pm - 2:30pm</b> Sewing 101 - CANCELLED Virtual</p> <p><b>1:00pm - 2:00pm</b> Tune in Daily Virtual</p> <p><b>2:00pm - 3:00pm</b> Smoothie Bowl Virtual</p> <p><b>4:00pm - 5:00pm</b> Yoga Joy with Alison Virtual</p> <p><b>7:15pm - 8:30pm</b> Song Swap Virtual</p>	<i>(Continued)</i> <div style="text-align: right; color: red; font-weight: bold;">7</div> <p><b>11:00am - 12:00pm</b> Alicia's Arthritis Exercise Virtual</p> <p><b>1:00pm - 2:00pm</b> Sun Style T'ai Chi for Health Virtual</p> <p><b>1:00pm - 3:00pm</b> Intro to your Mac 1 Virtual</p> <p><b>1:00pm - 1:30pm</b> Gyrokinesis Happy Moves W Virtual</p> <p><b>1:00pm - 2:00pm</b> Tune in Daily Virtual</p> <p><b>2:00pm - 3:00pm</b> Flower Bouquet Virtual</p> <p><b>3:00pm - 4:00pm</b> Virtual Tour of James K Polk Virtual</p> <p><b>3:00pm - 4:30pm</b> Consumer Reports - Digital</p> <p><b>3:00pm - 4:00pm</b> Poetic Moment with Regina Virtual</p>	<i>(Continued)</i> <div style="text-align: right; color: red; font-weight: bold;">8</div> <p><b>1:00pm - 2:30pm</b> Caregivers' Support Virtual</p> <p><b>1:00pm - 2:00pm</b> Tune in Daily Virtual</p> <p><b>2:00pm - 3:00pm</b> Golden Mummies of Egypt Virtual</p> <p><b>2:00pm - 3:00pm</b> Poetry for Everyone Virtual</p> <p><b>5:30pm - 7:00pm</b> Well Spouse Assoc Support Virtual</p> <p><b>6:30pm - 7:30pm</b> Al-Anon Moving Forward Virtual</p>	<i>(Continued)</i> <div style="text-align: right; color: red; font-weight: bold;">9</div> <p><b>11:00am - 12:00pm</b> Alicia's Arthritis Exercise Virtual</p> <p><b>12:00pm - 1:00pm</b> NC Symphony-Music from M Virtual</p> <p><b>12:30pm - 1:30pm</b> Mindful Yoga Virtual</p> <p><b>1:00pm - 3:00pm</b> Windows 10 EMail Virtual</p> <p><b>1:00pm - 2:00pm</b> Tune in Daily Virtual</p> <p><b>3:00pm - 4:00pm</b> Ethics and Sports Virtual</p> <p><b>6:00pm - 7:00pm</b> Zumba - Latina Virtual</p> <p><b>7:00pm - 9:00pm</b> Enrichment Life Group Virtual</p>	<i>(Continued)</i> <div style="text-align: right; color: red; font-weight: bold;">10</div>
11	12	13	14	15	16	17

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## April 2021 (Continued)

**Sunday                      Monday                      Tuesday                      Wednesday                      Thursday                      Friday                      Saturday**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>(Continued)</i> <span style="float: right; color: red;">11</span></p>	<p><i>(Continued)</i> <span style="float: right; color: red;">12</span></p> <p><b>8:00am - 10:00am</b> Passmore Pandemic Sequel Pre-Recorded</p> <p><b>9:30am - 10:30am</b> Spanish Level 1 Virtual</p> <p><b>10:00am - 11:00am</b> Strong and Steady Virtual</p> <p><b>10:00am - 11:00am</b> Chinese Choir- Hong Yan Virtual</p> <p><b>10:45am - 11:45am</b> Spanish Level 2 Virtual</p> <p><b>11:00am - 12:00pm</b> Alicia's Arthritis Exercise Virtual</p> <p><b>1:00pm - 1:45pm</b> Line Dance Beginners Virtual</p> <p><b>1:00pm - 3:00pm</b> Smartphones and Tablets Cli Virtual</p> <p><b>1:00pm - 1:30pm</b> Gyrokinesis Happy Moves Virtual</p> <p><b>1:00pm - 2:00pm</b> Tune in Daily Virtual</p> <p><b>2:00pm - 3:00pm</b> TED TALKS- Virtual Virtual</p> <p><b>2:00pm - 3:30pm</b> Line Dance Virtual</p> <p><b>3:30pm - 4:30pm</b> AI-Anon Moving Forward Virtual</p>	<p><i>(Continued)</i> <span style="float: right; color: red;">13</span></p> <p><b>8:00am - 10:00am</b> Pressed Flower Canvas Pre-Recorded</p> <p><b>10:00am - 10:30am</b> Home Safety Chat Virtual</p> <p><b>10:00am - 11:00am</b> Tap Dance Virtual</p> <p><b>11:00am - 12:00pm</b> Should I be Concerned Abou Virtual</p> <p><b>11:00am - 12:00pm</b> Chair Yoga Virtual</p> <p><b>1:00pm - 3:00pm</b> Getting Organized with your Virtual</p> <p><b>1:00pm - 2:30pm</b> Sewing 101 - CANCELLED Virtual</p> <p><b>1:00pm - 2:00pm</b> Tune in Daily Virtual</p> <p><b>3:00pm - 4:00pm</b> Spring Tea Passmore Parking Lot</p> <p><b>4:00pm - 5:15pm</b> Advanced Directives: A Medi Virtual</p> <p><b>4:00pm - 6:00pm</b> Let's Continue the Conversat Virtual</p>	<p><i>(Continued)</i> <span style="float: right; color: red;">14</span></p> <p><b>9:30am - 10:00am</b> Strengthen Your Core- Wedn Virtual</p> <p><b>10:00am - 11:00am</b> Charlie's Social Group Virtual</p> <p><b>11:00am - 11:30am</b> Oral Health Virtual</p> <p><b>11:00am - 11:50am</b> Salli's Sr. Workout/Yoga Virtual</p> <p><b>11:00am - 11:30am</b> Oral Health Educatio Virtual</p> <p><b>11:00am - 12:00pm</b> Alicia's Arthritis Exercise Virtual</p> <p><b>1:00pm - 2:00pm</b> Sun Style T'ai Chi for Health Virtual</p> <p><b>1:00pm - 3:00pm</b> Google Photos Virtual</p> <p><b>1:00pm - 2:30pm</b> Life After Loss Support Grou Virtual 2</p> <p><b>1:00pm - 1:30pm</b> Gyrokinesis Happy Moves W Virtual</p> <p><b>1:00pm - 2:00pm</b> Tune in Daily Virtual</p> <p><b>2:00pm - 3:00pm</b> 2021 Vision Board -Spring in Virtual</p>	<p><i>(Continued)</i> <span style="float: right; color: red;">15</span></p> <p><b>9:00am - 10:30am</b> Let's Exercise - Spanish Virtual</p> <p><b>10:00am - 11:00am</b> Strong and Steady Virtual</p> <p><b>12:30pm - 2:00pm</b> Party Celebration - The Dou Seymour Garden Entrance &amp;</p> <p><b>1:00pm - 3:00pm</b> Google Photos Virtual</p> <p><b>1:00pm - 3:00pm</b> ITUNES AND ICLOUD on P Virtual</p> <p><b>1:00pm - 2:00pm</b> Chat and Chew Virtual</p> <p><b>1:00pm - 2:00pm</b> Mental Health - Art of Grief Virtual</p> <p><b>1:00pm - 2:00pm</b> Tune in Daily Virtual</p> <p><b>2:00pm - 3:00pm</b> Essential Oils-Boost Immunit Virtual</p> <p><b>3:00pm - 4:00pm</b> Spring Virtual Tea Party Virtual</p> <p><b>5:30pm - 7:00pm</b> Well Spouse Assoc Support Virtual</p> <p><b>6:30pm - 7:30pm</b> AI-Anon Moving Forward Virtual</p>	<p><i>(Continued)</i> <span style="float: right; color: red;">16</span></p> <p><b>9:30am - 10:30am</b> Spanish-Level 3 Virtual</p> <p><b>9:30am - 10:00am</b> Strengthen Your Core- Frida Virtual</p> <p><b>10:00am - 11:00am</b> Jane Austen and Philosophy Virtual</p> <p><b>11:00am - 12:00pm</b> Seated T'ai Chi Virtual</p> <p><b>11:00am - 12:00pm</b> Alicia's Arthritis Exercise Virtual</p> <p><b>12:30pm - 1:30pm</b> Mindful Yoga Virtual</p> <p><b>1:00pm - 3:00pm</b> ITUNES AND ICLOUD on P Virtual</p> <p><b>1:00pm - 2:00pm</b> Tune in Daily Virtual</p> <p><b>3:00pm - 4:00pm</b> Ethics and Sports Virtual</p> <p><b>6:00pm - 7:00pm</b> Zumba - Latina Virtual</p> <p><b>7:00pm - 9:00pm</b> Enrichment Life Group Virtual</p>	<p><i>(Continued)</i> <span style="float: right; color: red;">17</span></p> <p><b>10:00am - 12:00pm</b> Tech Knowledge Virtual</p> <p><b>1:30pm - 3:00pm</b> Drawing 101- Intro to Acrylic Virtual</p> <p><b>2:00pm - 2:45pm</b> NC Chinese Opera Society Virtual</p>

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## April 2021 (Continued)

**Sunday                      Monday                      Tuesday                      Wednesday                      Thursday                      Friday                      Saturday**

(Continued) 11	(Continued) 12	(Continued) 13	(Continued) 14	(Continued) 15	(Continued) 16	(Continued) 17
<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>
<p><b>6:30pm - 7:30pm</b> Zumba - Latina Virtual</p>	<p><b>9:30am - 10:30am</b> Spanish Level 1 Virtual</p> <p><b>10:00am - 11:00am</b> Strong and Steady Virtual</p> <p><b>10:00am - 11:00am</b> Chinese Choir- Hong Yan Virtual</p> <p><b>10:45am - 11:45am</b> Spanish Level 2 Virtual</p> <p><b>11:00am - 12:00pm</b> Alicia's Arthritis Exercise Virtual</p> <p><b>11:30am - 12:30pm</b> Philosophy Discussion Group Virtual</p> <p><b>1:00pm - 3:00pm</b> Intro to your Mac II Virtual</p> <p><b>1:00pm - 1:45pm</b> Line Dance Beginners Virtual</p> <p><b>1:00pm - 1:30pm</b> Gyrokinesis Happy Moves Virtual</p> <p><b>1:00pm - 2:00pm</b> Tune in Daily Virtual</p> <p><b>1:30pm - 2:30pm</b> Caregivers Series-Preparatio Virtual</p>	<p><b>10:00am - 11:00am</b> Tap Dance Virtual</p> <p><b>10:15am - 11:15am</b> Dementia -Let's Talk About It Virtual</p> <p><b>11:00am - 12:00pm</b> Chair Yoga Virtual</p> <p><b>1:00pm - 3:00pm</b> Intro to your Mac II Virtual</p> <p><b>1:00pm - 2:30pm</b> Sewing 101 - CANCELLED Virtual</p> <p><b>1:00pm - 2:00pm</b> Tune in Daily Virtual</p> <p><b>2:00pm - 3:00pm</b> TED Talks Virtual</p> <p><b>2:30pm - 3:30pm</b> Virtual Tour of the NC State Virtual</p>	<p><b>8:00am - 10:00am</b> Wholmmovies-Efland and Ce Pre-Recorded</p> <p><b>9:30am - 10:00am</b> Strengthen Your Core- Wedn Virtual</p> <p><b>10:00am - 11:00am</b> Charlie's Social Group Virtual</p> <p><b>11:00am - 12:00pm</b> Alicia's Arthritis Exercise Virtual</p> <p><b>11:00am - 11:50am</b> Salli's Sr. Workout/Yoga Virtual</p> <p><b>1:00pm - 2:00pm</b> Sun Style T'ai Chi for Health Virtual</p> <p><b>1:00pm - 3:00pm</b> Intro to your Mac II Virtual</p> <p><b>1:00pm - 1:30pm</b> Gyrokinesis Happy Moves W Virtual</p> <p><b>1:00pm - 2:00pm</b> Tune in Daily Virtual</p>	<p><b>9:00am - 10:30am</b> Let's Exercise - Spanish Virtual</p> <p><b>10:00am - 11:00am</b> Strong and Steady Virtual</p> <p><b>1:00pm - 3:00pm</b> Zoom Class - How to Host &amp; Virtual</p> <p><b>1:00pm - 2:30pm</b> Caregivers' Support Virtual</p> <p><b>1:00pm - 2:00pm</b> Tune in Daily Virtual</p> <p><b>2:00pm - 3:00pm</b> Earth Day Herb Gardening Passmore Parking Lot</p> <p><b>3:00pm - 4:00pm</b> Bingo Virtual</p> <p><b>5:30pm - 7:00pm</b> Well Spouse Assoc Support Virtual</p> <p><b>6:30pm - 7:30pm</b> Al-Anon Moving Forward Virtual</p>	<p><b>9:30am - 10:30am</b> Spanish-Level 3 Virtual</p> <p><b>9:30am - 10:00am</b> Strengthen Your Core- Frida Virtual</p> <p><b>10:00am - 11:00am</b> Jane Austen and Philosophy Virtual</p> <p><b>11:00am - 12:00pm</b> Seated T'ai Chi Virtual</p> <p><b>11:00am - 12:00pm</b> Alicia's Arthritis Exercise Virtual</p> <p><b>12:30pm - 1:30pm</b> Mindful Yoga Virtual</p> <p><b>1:00pm - 2:00pm</b> Tune in Daily Virtual</p> <p><b>3:00pm - 4:00pm</b> Ethics and Sports Virtual</p> <p><b>6:00pm - 7:00pm</b> Zumba - Latina Virtual</p> <p><b>7:00pm - 9:00pm</b> Enrichment Life Group Virtual</p>	<p><b>1:30pm - 3:00pm</b> Drawing 101- Intro to Acrylic Virtual</p>

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### April 2021 (Continued)

**Sunday                      Monday                      Tuesday                      Wednesday                      Thursday                      Friday                      Saturday**

<p><i>(Continued)</i>                      <b>18</b></p>	<p><i>(Continued)</i>                      <b>19</b></p> <p><b>2:00pm - 3:30pm</b> Line Dance Virtual</p> <p><b>3:30pm - 4:30pm</b> Al-Anon Moving Forward Virtual</p> <p><b>6:30pm - 7:30pm</b> Zumba - Latina Virtual</p>	<p><i>(Continued)</i>                      <b>20</b></p>	<p><i>(Continued)</i>                      <b>21</b></p>	<p><i>(Continued)</i>                      <b>22</b></p>	<p><i>(Continued)</i>                      <b>23</b></p>	<p><i>(Continued)</i>                      <b>24</b></p>
<p><b>25</b></p>	<p><b>26</b></p> <p><b>9:30am - 10:30am</b> Spanish Level 1 Virtual</p> <p><b>10:00am - 11:00am</b> Strong and Steady Virtual</p> <p><b>10:00am - 11:00am</b> Chinese Choir- Hong Yan Virtual</p> <p><b>10:45am - 11:45am</b> Spanish Level 2 Virtual</p> <p><b>11:00am - 12:00pm</b> Alicia's Arthritis Exercise Virtual</p> <p><b>1:00pm - 1:45pm</b> Line Dance Beginners Virtual</p> <p><b>1:00pm - 1:30pm</b> Gyrokinesis Happy Moves Virtual</p> <p><b>1:00pm - 2:00pm</b> Tune in Daily Virtual</p> <p><b>2:00pm - 3:30pm</b> Line Dance Virtual</p>	<p><b>27</b></p> <p><b>10:00am - 10:30am</b> Home Safety Chat Virtual</p> <p><b>10:00am - 11:00am</b> Tap Dance Virtual</p> <p><b>11:00am - 12:00pm</b> Chair Yoga Virtual</p> <p><b>1:00pm - 2:30pm</b> Sewing 101 - CANCELLED Virtual</p> <p><b>1:00pm - 2:00pm</b> Tune in Daily Virtual</p> <p><b>3:00pm - 4:00pm</b> Art Show-Pottery Virtual</p> <p><b>6:00pm - 8:00pm</b> Proj Engage - Understanding Virtual</p>	<p><b>28</b></p> <p><b>9:30am - 10:00am</b> Strengthen Your Core- Wedn Virtual</p> <p><b>10:00am - 11:00am</b> Charlie's Social Group Virtual</p> <p><b>10:30am - 11:30am</b> Book Club Virtual</p> <p><b>11:00am - 12:00pm</b> Alicia's Arthritis Exercise Virtual</p> <p><b>11:00am - 11:50am</b> Salli's Sr. Workout/Yoga Virtual</p> <p><b>1:00pm - 2:00pm</b> Sun Style T'ai Chi for Health Virtual</p> <p><b>1:00pm - 2:30pm</b> Life After Loss Support Grou Virtual 2</p> <p><b>1:00pm - 2:00pm</b> Walking Challenge- Virtual Virtual</p> <p><b>1:00pm - 1:30pm</b> Gyrokinesis Happy Moves W Virtual</p>	<p><b>29</b></p> <p><b>9:00am - 10:30am</b> Let's Exercise - Spanish Virtual</p> <p><b>10:00am - 11:00am</b> Strong and Steady Virtual</p> <p><b>10:30am - 11:30am</b> Book Discussions: Let's Talk Virtual</p> <p><b>1:00pm - 3:00pm</b> Photo Edit- With Windows 10 Virtual</p> <p><b>1:00pm - 2:00pm</b> Tune in Daily Virtual</p> <p><b>3:00pm - 4:00pm</b> Multicultural Virtual Tea Part Virtual</p> <p><b>5:30pm - 7:00pm</b> Well Spouse Assoc Support Virtual</p> <p><b>6:30pm - 7:30pm</b> Al-Anon Moving Forward Virtual</p>	<p><b>30</b></p> <p><b>9:30am - 10:30am</b> Spanish-Level 3 Virtual</p> <p><b>9:30am - 10:00am</b> Strengthen Your Core- Frida Virtual</p> <p><b>10:00am - 11:00am</b> Jane Austen and Philosophy Virtual</p> <p><b>11:00am - 12:00pm</b> Seated T'ai Chi Virtual</p> <p><b>11:00am - 12:00pm</b> Alicia's Arthritis Exercise Virtual</p> <p><b>11:30am - 12:30pm</b> Kentucky Derby and Mint Jul Passmore Parking Lot</p> <p><b>12:00pm - 1:00pm</b> NC Symphony-Ragtime King Virtual</p> <p><b>12:30pm - 1:30pm</b> Mindful Yoga Virtual</p> <p><b>1:00pm - 3:00pm</b> Photo Edit- With Windows 10 Virtual</p>	

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### April 2021 (Continued)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>(Continued)</i> <span style="float: right; color: red;">25</span></p>	<p><i>(Continued)</i> <span style="float: right; color: red;">26</span></p> <p><b>3:30pm - 4:30pm</b> Al-Anon Moving Forward Virtual</p> <p><b>6:30pm - 7:30pm</b> Zumba - Latina Virtual</p>	<p><i>(Continued)</i> <span style="float: right; color: red;">27</span></p>	<p><i>(Continued)</i> <span style="float: right; color: red;">28</span></p> <p><b>1:00pm - 2:00pm</b> Tune in Daily Virtual</p> <p><b>3:00pm - 4:00pm</b> Integrative Mode of Conscio Virtual</p>	<p><i>(Continued)</i> <span style="float: right; color: red;">29</span></p>	<p><i>(Continued)</i> <span style="float: right; color: red;">30</span></p> <p><b>1:00pm - 2:00pm</b> Tune in Daily Virtual</p> <p><b>3:00pm - 4:00pm</b> Ethics and Sports Virtual</p> <p><b>6:00pm - 7:00pm</b> Zumba - Latina Virtual</p> <p><b>7:00pm - 9:00pm</b> Enrichment Life Group Virtual</p>	

Pre-recorded programs may be viewed any time by going to: <http://www.orangecountync.gov/236/Senior-Center-Programs>. Activities are subject to change. Please contact the Passmore Center at (919) 245-2015 or the Seymour Center at (919) 968-2070 prior to the event or activity to verify that there have been no program changes. Thank you.

